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## Amifostine induces anaerobic metabolism and hypoxia-inducible factor 1 $\alpha$

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**Abstract** *Purpose:* The cytoprotective mechanism of amifostine (WR-2721) implies free radical scavenging and DNA repair activities. We investigated additional cytoprotective pathways involving intracellular hypoxia and the activation of the hypoxia-inducible factor (HIF) pathway, a key transcription factor regulating glycolysis, angiogenesis and apoptosis, which is also linked with radioresistance. *Materials and methods:* The glucose and oxygen levels in the peripheral blood of patients receiving 1000 mg amifostine were determined at various time-points in order to investigate the metabolic changes induced by amifostine. MDA468 breast tumor cell lines were incubated with a high amifostine concentration (10 mM) to overcome the natural resistance of cancer cells to influx of the non-hydrolyzed WR-2721, and the HIF1 $\alpha$  protein levels were determined by Western blot analysis. In vivo experiments with Wistar rats were performed in order to assess immunohistochemically changes in the intracellular accumulation of HIF1 $\alpha$  induced by amifostine (200 mg/kg). *Results:* By 30 min following amifostine administration, the hemoglobin oxygen saturation and pO<sub>2</sub> levels had increased in the peripheral blood while glucose levels had reduced, providing evidence that normal tissue metabolism switches to glycolytic pathways. Incubation of cell lines with amifostine resulted in HIF1 $\alpha$  induction. In Wistar rats administration of amifostine resulted in increased

HIF1 $\alpha$  accumulation in normal tissues. *Conclusions:* Since it is doubtful whether dephosphorylation of amifostine to the active metabolite WR-1065 occurs within tumoral tissues (an acidic environment that lacks vascular alkaline phosphatase activity), intracellular hypoxia and upregulation of HIF1 $\alpha$  represents an additional, normal tissue-specific, amifostine cytoprotective pathway.

**Keywords** Amifostine · HIF1 $\alpha$  · Hypoxia · Glycolysis

### Introduction

Amifostine (Ethyol, WR-2721), an organic triphosphate, is the first broad-spectrum selective cytoprotective drug approved for clinical use in conjunction with radiotherapy and chemotherapy. The mechanism of cytoprotection is complicated and, to a certain extent, unclear. Free radical scavenging activities of the thiolic metabolite WR-1065 [1] and enhancement of the DNA repair process by the disulfide metabolite WR-33278 [2] are well-characterized mechanisms. More recently, additional cytoprotective pathways involving transcriptional regulation of genes involved in cellular apoptosis (nuclear factor-kappaB, activator protein-1, and p53) have been postulated [3, 4].

Microcalorimetric studies have shown that incubation of cells with WR-1065 results in heat production that lasts for at least 90 min [5]. This heat, which is probably a result of the oxidation of WR-1065 to disulfides, leads to a rapid consumption of intracellular oxygen and to hypoxia. Such intracellular hypoxia could be easily overcome in vivo by an increase in oxygen extraction from the blood. Several years ago, however, Glover et al. observed that, in contrast to what was expected, the mean venous oxygen tension and the hemoglobin oxygen saturation rise following amifostine administration [6]. Allalunis-Turner et al. also noted that administration of amifostine at maximally radio-protective doses significantly increases the binding of the

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hypoxia marker [ $^3\text{H}$ ]misonidazole to bone marrow cells, suggesting that hypoxia may contribute to amifostine-mediated cytoprotection [7].

In the present study, we found evidence that amifostine induces normal tissue hypoxia and glycolysis, and upregulates hypoxia-inducible factor HIF1 $\alpha$ , a key transcription factor regulating the expression of a variety of hypoxia-responsive genes.

## Materials and methods

### Clinical study

A group of 15 breast cancer patients with locally advanced inoperable or recurrent disease were recruited into a phase I/II trial to test the safety and efficacy of hypofractionated and accelerated radiotherapy supported with high-dose daily amifostine [8]. An additional group of patients with operable high-risk breast cancer were treated with a similar postoperative regimen [9]. From among the patients recruited into the above-mentioned studies, 15 were entered into a parallel phase I study to assess changes in oxygen and glucose blood levels following amifostine administration.

Radiotherapy consisted of 12 consecutive fractions of radiotherapy, 3.5–4 Gy per fraction, delivered to the breast/chest and axillary area, while a flat dose of 1000 mg amifostine was administered 20 min before each radiotherapy fraction. The amifostine dose was diluted in 50 ml normal saline and rapidly infused within 5 min. No steroids were used.

The glucose levels in the peripheral blood were determined before amifostine infusion and at 30, 60 and 120 min following infusion. A blood gas report was obtained by analyzing the peripheral venous blood (hemoglobin saturation,  $\text{pO}_2$ ,  $\text{pCO}_2$ ,  $\text{HCO}_3^-$ , pH) at 30 and 60 min. Lactate serum levels were also recorded before and at 1 h following amifostine administration. In order to avoid an eventual interference of hypotension with the results, patients with a drop in blood pressure of  $> 30$  mmHg (or to below 80 mmHg) following amifostine administration were excluded from the study.

### In vitro study

#### Cell lines

MDA468 breast tumor cell lines were obtained from Imperial Cancer Research Fund (ICRF) Cell Services (London, UK), and passaged in E4 medium (ICRF Cell Services) supplemented with glutamine and 10% fetal calf serum. The decision to use the MDA468 breast tumor cell line instead of a normal cell culture for the present study was based on the experience in our laboratory with the response of this tumor cell line to hypoxia, as a clear detection of HIF1 $\alpha$  signal can be obtained under hypoxic stress.

#### Amifostine

Amifostine was obtained from Sigma (Sigma-Aldrich, Poole, UK). A stock solution of 100 mM was prepared by dissolving in distilled water and the solution was stored at 4°C. Stock solution was added to culture medium (1 ml solution to 9 ml medium) to give a final concentration of 10 mM. The choice of this specific concentration of amifostine was based on a previous study by Pardie et al., in which at this amifostine concentration, cell lines were able to import the drug intracellularly and hydrolyze it to WR-1065 [5]. Using this amifostine concentration, the authors were able to clearly detect rapid consumption of the intracellular oxygen that paralleled the WR-2721 hydrolysis, and we therefore tried to

simulate the conditions used in this microcalorimetric experiment in our experiments. If, under these conditions, our cancer cell line responded by consuming the intracellular oxygen, then HIF1 $\alpha$  upregulation would be expected.

#### Normoxia/hypoxia incubators

Cells were exposed in a  $\text{CO}_2$  water-jacketed incubator (Forma Scientific, Marietta, Ohio) at 37°C to an atmosphere containing 5%  $\text{CO}_2$  and 21% oxygen (normoxic conditions). Cells were also exposed in nitrogen-flushed hypoxic chambers (Cellhouse 170 HI; Heto-Holten, Allerød, Denmark) for 16 h to an atmosphere containing 5%  $\text{CO}_2$  and 0.1% oxygen (hypoxic conditions) at 37°C and 95% humidity. The 16-h time-frame was chosen for optimal induction of hypoxia-responsive genes.

#### Western blot

Cells were obtained at various time-points (starting from 30 min up to 24 h), lysed in 8 M urea lysis buffer, and the homogenized lysates were stored at  $-20^\circ\text{C}$ . All samples were assayed and standardized for protein levels (protein assay kit; Bio-Rad Laboratories, Hercules, Calif.) before separation on 8% SDS polyacrylamide gels by electrophoresis at 110 V for 2 h. Proteins were transferred onto Millipore Immobilon membranes using a semidry transfer technique over 45 min. The membranes were washed in phosphate-buffered saline (PBS)/milk protein (Marvel) and 0.1% Tween 20, and blotted with primary antibodies: (1) HIF1 $\alpha$  (mouse anti-human HIF1 $\alpha$  antibody, 1:1000; Transduction Laboratories, Becton Dickinson UK, Oxford, UK) and (2)  $\beta$ -tubulin (mouse anti-human  $\beta$ -tubulin antibody, 1:10,000; Sigma-Aldrich, Dorset, UK). Blots were then rewash in PBS/0.1% Tween 20. A secondary goat anti-mouse antibody with horseradish peroxidase (DAKO, Glostrup, Denmark) was applied for 1 h at room temperature between washes. Immunodetection was performed with an ECL Western blotting kit (Amersham, Little Chalfont, UK), and blots exposed to X-ray film. Experiments were repeated to test the reproducibility of the results.

#### Animal studies

Animal studies were conducted at the Department of Experimental Surgery, Democritus University of Thrace, according to Hellenic laws (Π.Δ. 160/91). Approval of the study was obtained by the local veterinary medicine authorities. Male pathogen-free Wistar rats at 3 months of age were used for the experiments. Under general anesthesia six animals underwent medial abdominal incision followed by ligation of the kidney vessels in four, or immediate kidney excision in two. Right kidneys were excised 20 min and left kidneys 60 min following ligation. Animals remained under light anesthesia throughout the experiment.

Amifostine (Ethyol; Schering-Plough, Alimos, Greece) diluted in normal saline was injected intravenously or subcutaneously (200 mg/kg) into five animals, and 40 min after injection, kidneys, liver, intestine and lungs were excised under general anesthesia.

Immediately following excision of the organs, small thin slices of the tissues were fixed in 10% formalin solution and were embedded in paraffin 24 h later. Tissue sections were cut at 3  $\mu\text{m}$  and mounted on poly-L-lysine-coated slides. The HIF1 $\alpha$  protein expression was assessed immunohistochemically using the ab463 monoclonal antibody which recognizes the HIF1 $\alpha$  protein of many animal species including that of rats (Abcam, Cambridge, UK). Sections were deparaffinized and peroxidase was quenched with methanol and 3%  $\text{H}_2\text{O}_2$  for 15 min. Microwaving was used for antigen retrieval (3 $\times$ 4 min). The primary antibody was applied overnight. Following washing with Tris-buffered saline (TBS), sections were incubated with a secondary antibody (Kwik biotinylated secondary, 0.69A; Shandon-Upshaw, Warrington, Pa.) for 15 min and washed in TBS. Kwik streptavidin peroxidase reagent (039A; Shandon-Upshaw) was applied for 15 min and sections

were again washed in TBS. The color was developed by a 15-min incubation with diaminobenzidine solution and sections were weakly counterstained with hematoxylin. Breast cancer tissue sections with strong nuclear HIF1 $\alpha$  expression were used as positive controls. Normal mouse IgG was substituted for primary antibody as the negative control (same concentration as the test antibody).

## Results

### Clinical study

In breast cancer patients, 30 min following amifostine administration, the peripheral blood hemoglobin oxygen saturation had increased ( $67.8 \pm 13\%$  vs  $79.6 \pm 12\%$ , means  $\pm$  SD;  $P < 0.04$ ), but by 60 min it had dropped to lower than the pretreatment levels ( $63.3 \pm 16\%$ ;  $P < 0.001$ ). Similar changes were noted for the pO<sub>2</sub> values ( $45.9 \pm 11$  vs  $58.6 \pm 14$  vs  $40.5 \pm 11$  mmHg;  $P < 0.01$ ; Fig. 1a). The glucose levels had dropped from  $109 \pm 25$  mg/dl to  $84 \pm 18$  and  $73 \pm 14$  mg/dl at 30 and 60 min following amifostine administration, respectively ( $P < 0.0001$ ). At 2 h after injection, the glucose levels approached the normal levels ( $93 \pm 25$  mg/dl;  $P = 0.006$ ; Fig. 1b). No significant changes were noted in the pH or pCO<sub>2</sub> values or in the HCO<sub>3</sub> and lactate concentrations.

### In vitro study

Figure 2 shows the results of the Western blot analysis in the MDA468 cells. The loading control was  $\beta$ -tubulin and is shown in all cases. It was clear that hypoxia led to the induction of HIF1 $\alpha$  protein. The maximum induction of HIF1 $\alpha$  by amifostine was noted at 2 h, although less strong than in cells exposed to prolonged hypoxia. Normal HIF1 $\alpha$  levels were restored at 4 h and remained at normal levels thereafter. Spot density measurements showed a 1.8-fold increase in HIF1 $\alpha$  levels following 16 h exposure of cells to 0.1% hypoxia, compared to those exposed to normoxia. The HIF1 $\alpha$  levels had risen by 1.2-fold by 2 h following incubation with amifostine and had returned to normal

at 4 and 8 h (1.06 and 0.93-fold compared to the levels under normoxic conditions).

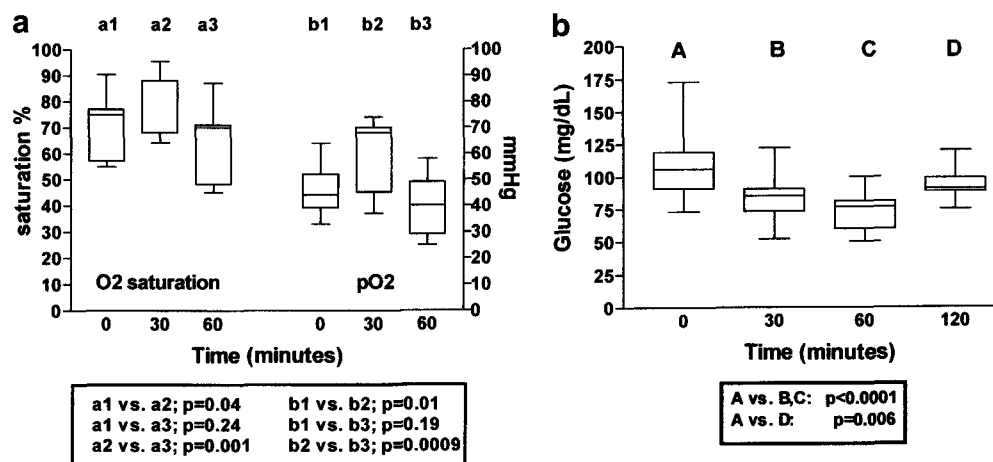
### Animal study

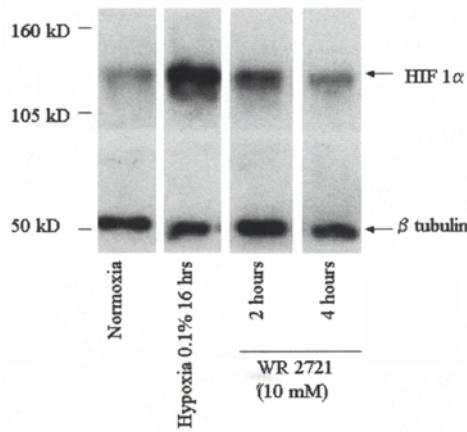
The immunohistochemical studies confirmed HIF1 $\alpha$  induction in normal rat tissues by amifostine. Figure 3 shows kidney tissue sections immunostained for HIF1 $\alpha$ . HIF1 $\alpha$  induction was progressively more intense at 20 min (Fig. 3b) and 60 min (Fig. 3c) after kidney vessel ligation, while vascular congestion was obvious at 60 min. An intense cytoplasmic and nuclear induction of HIF1 $\alpha$  was noted in the renal tubular epithelium 30 min following intravenous amifostine administration (Fig. 3d). Similarly, HIF1 $\alpha$  was induced in liver cells and bronchial and intestinal epithelium 30 min following intravenous or subcutaneous amifostine injection. Figure 4 shows intense cytoplasmic and nuclear expression of HIF1 $\alpha$  in bronchial epithelium (Fig. 4d) and in liver cells (Fig. 4e) 30 min after amifostine administration, while no expression was seen noted in untreated rat tissues (Fig. 4a, b). Strong cytoplasmic staining with focal nuclear HIF1 $\alpha$  expression was noted in the intestinal epithelium and intense nuclear expression was observed in submucosal cells 30 min after amifostine administration (Fig. 4f). Normal intestinal mucosa did not express HIF1 $\alpha$  (Fig. 4c).

## Discussion

Several year ago, Glover et al. [6] reported a sharp rise in the hemoglobin saturation and pO<sub>2</sub> in the peripheral blood of patients receiving amifostine. Although this observation suggested that hypoxia is part of the amifostine cytoprotective pathway, the finding never attracted attention. In the present study, we confirmed these results. Furthermore, we found that this decreased oxygen consumption induced by amifostine was paralleled by a decrease in the blood glucose levels, suggesting a shift of the body metabolism to anaerobic glycolytic

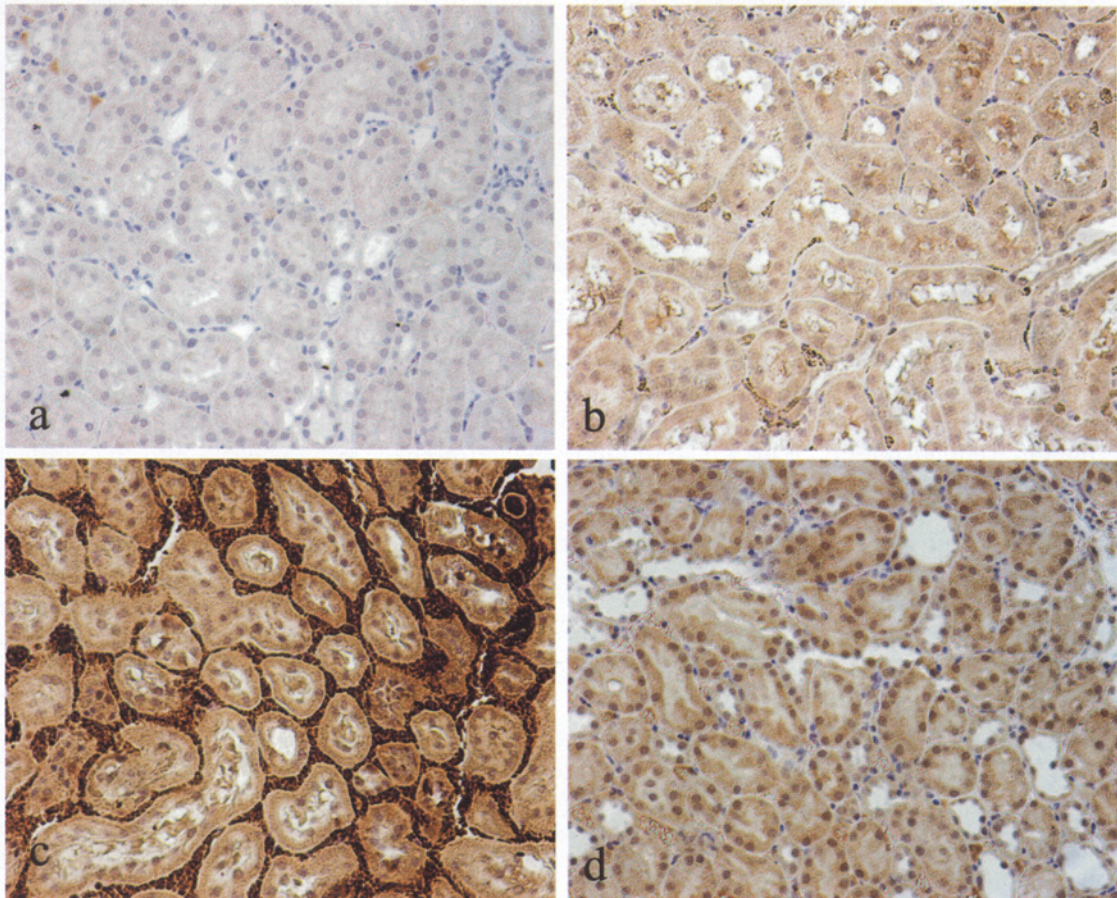
**Fig. 1a, b** Changes in hemoglobin oxygen saturation, pO<sub>2</sub> levels (a) and glucose levels (b) in the venous blood of breast cancer patients following intravenous administration of 1000 mg amifostine. The bars represent the ranges, the edge of the boxes the 25th and 75th percentiles, and the line in the boxes the mean values





**Fig. 2** Western blot for HIF1 $\alpha$  in MDA468 cells (Transduction Laboratories antibody 1:1000) showing HIF1 $\alpha$  induction following 16 h of 0.1% hypoxia, and 2 h and 4 h incubation with 10 mM amifostine (WR 2721)

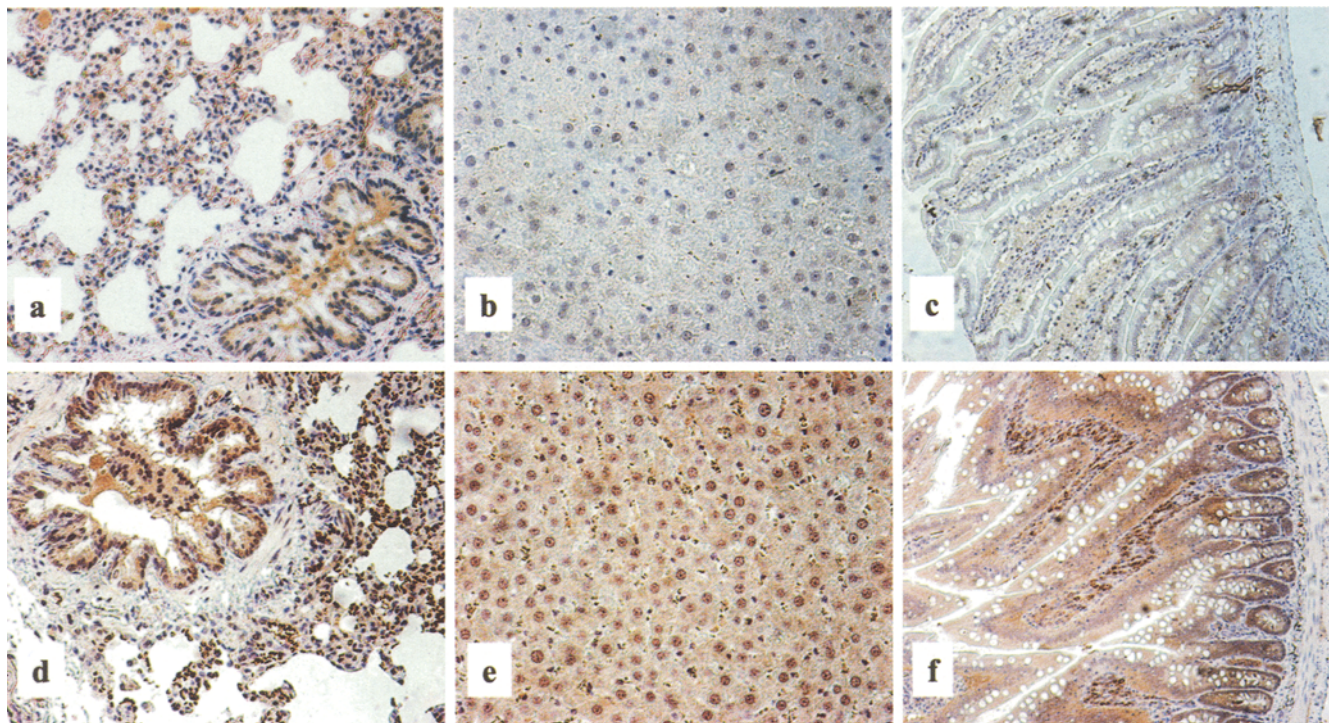
**Fig. 3a–c** Immunohistochemical images of Wistar rat kidneys using the ab463 anti-HIF1 $\alpha$  monoclonal antibody. HIF1 $\alpha$  protein is overexpressed in the cytoplasm and nuclei of the renal tubular epithelium following 20 min (b) and 60 min (c) ligation of the kidney vessels, while normoxic kidneys show a very weak cytoplasmic HIF1 $\alpha$  staining (a). Clear cytoplasmic and nuclear accumulation of HIF1 $\alpha$  is apparent (d) 30 min following subcutaneous administration of amifostine



pathways. This effect was found to be transient as 60–120 min following amifostine administration, hemoglobin saturation,  $pO_2$  and glucose peripheral blood concentration were restored to pretreatment levels. The cause of such an anaerobic shift cannot be extracellular in origin, as amifostine does not interfere with oxygen dissociation from hemoglobin, nor does it change the pH in red cells [6]. Interaction of amifostine with proteins regulating glycolysis is, therefore, postulated.

A key transcription factor that regulates the expression of a variety of genes controlling glycolysis, erythropoiesis, apoptosis and angiogenesis is HIF1 [10]. HIF1 is a heterodimer of two basic helix loop PAS domain proteins, HIF1 $\alpha$  and HIF1 $\beta$ . Increased intracellular content of HIF1 occurs immediately following exposure of cells to hypoxic conditions. HIF1 $\beta$  is present constitutively, while HIF1 $\alpha$  levels are regulated by continuous degradation via the ubiquitin proteasome pathway [11]. A reduced ubiquitination rate under hypoxic stress results in a rapid increase in HIF1 $\alpha$  protein levels, and accumulation of the HIF1 $\alpha\beta$  heterodimer that binds to DNA at the hypoxia response elements (HREs) of target genes. The rapid consumption of intracellular oxygen during oxidation of WR-1065 (the hydrolyzed intracellular form of amifostine) to the disulfide compound WR-33278 [5] indicates the development of intracellular hypoxia that eventually could lead to HIF1 $\alpha$  accumulation.





**Fig. 4a–f** Immunohistochemical images of Wistar rat lung, liver and intestinal tissues using the ab463 anti-HIF1 $\alpha$  monoclonal antibody. HIF1 $\alpha$  protein is overexpressed in the cytoplasm and nuclei of the bronchial epithelium (d), hepatic cells (e) and intestinal epithelium (f) 30 min following subcutaneous administration of amifostine. The corresponding tissues from untreated rats show no or weak HIF1 $\alpha$  reactivity (a, b, c, respectively)

Furthermore, there is strong evidence that  $H_2O_2$  blocks the accumulation of HIF1 $\alpha$  and DNA binding of HIF1, suggesting that HIF1 $\alpha$  regulation is a result of redox-dependent stabilization of HIF1 $\alpha$  [12]. *N*-Ethylmaleimide, that irreversibly modifies thiol groups, inhibits the DNA binding of HIF1 in a dose-dependent fashion. Cellular thiols that block peroxide may therefore have an important role in HIF1 $\alpha$  regulation. Ema et al. have suggested that induction and activation of HIF1 $\alpha$  may occur through thiol-redox regulation of CAD (C-terminal activation domain) activity [13]. Increasing the intracellular thiol pool may therefore induce HIF1 $\alpha$  accumulation and DNA binding by mechanisms independent of hypoxic stimuli.

We therefore sought to determine whether **amifostine** affects intracellular HIF1 $\alpha$  levels. We chose to use the MDA468 breast tumor cell line instead of a normal cell line as, according to our experience, the MDA468 cell line allows a clear detection of HIF1 $\alpha$  signal as a response to hypoxia. Cells were incubated with a high concentration of amifostine (10 mM) to overcome natural resistance of cancer cells to influx of non-hydrolyzed amifostine [14]. This was the optimal concentration in microcalorimetric assays that confirmed intracellular hypoxia due to oxygen consumption following incubation of human kidney cell lines with

amifostine [5]. Indeed, by 2 h following incubation with amifostine, HIF1 $\alpha$  was clearly induced, while HIF1 $\alpha$  had returned to normal levels by 4 h. Immunohistochemical studies in rat tissues confirmed HIF1 $\alpha$  induction by amifostine 30 min following intravenous or subcutaneous injection of the drug.

It is well known that HIF1 $\alpha$  upregulates glucose transporter (GLUT) proteins which are responsible for the intracellular accumulation of glucose, as well as other glycolytic enzymes, e.g. aldolase A, phosphoglycerate and pyruvate kinases [15, 16, 17]. Such an event would result in a reduction in glucose in the peripheral blood, glycolysis and a reduced necessity for tissues to consume oxygen, events compatible with the clinical finding of increased oxygen content and reduced glucose concentration in the venous blood following amifostine administration.

Both intracellular hypoxia and the molecular cascade following HIF1 $\alpha$  upregulation may represent an additional mechanism by which amifostine protects normal tissues against radiotherapy and chemotherapy. HIF1 $\alpha$  is an endogenous marker of intratumoral hypoxia and its presence predicts reduced radiosensitivity; lack of oxygen leads to reduced induction and stabilization of radiation-induced DNA damage. Nevertheless, upregulated HIF pathways confer resistance against apoptosis mediated by oxygen or nutrient deprivation [18]. HIF1 $\alpha$  induction under normoxic conditions has recently been shown to prevent caspase activation and apoptosis induced by chemicals [19]. Whether HIF1 $\alpha$  activation can directly inhibit radiation-induced apoptosis through oxygen-independent pathways is unknown. However, several proteins of the HIF1 $\alpha$  downstream molecular cascade (e.g. VEGF, or the acidity-inducing enzymes

lactate dehydrogenase and carbonic anhydrase 9) are directly involved in radioresistance [20, 21, 22, 23, 24].

Although it could be argued that amifostine may also induce HIF1 $\alpha$  in tumor tissues, therefore increasing tumor resistance to radiotherapy and chemotherapy, this is unlikely to occur. Poor drug availability, intratumoral acidity and loss of alkaline phosphatase expression by the tumoral vasculature and stroma prevent the hydrolysis of amifostine within the tumor environment (reviewed in reference 25). Intracellular hypoxia and upregulation of the HIF molecular cascade should, therefore, exclusively occur in normal tissues and is probably part of such selectivity mechanisms. On the other hand, hypoxia is a common tumoral feature, and HIF1 $\alpha$  is upregulated in more than 60% of tumors [26, 27, 28, 29, 30, 31, 32] due to intratumoral hypoxia or even constitutively as a result of cellular transformation. Lu et al. have recently shown that aerobic glycolysis, a tumor-specific phenomenon also known as the Warburg effect, activates HIF1 $\alpha$  and promotes survival of cancer cells [33]. Clinical studies have confirmed that upregulation of the HIF pathway in tumors is linked to tumor resistance to radiotherapy [30, 31, 32]. Even if WR-1065 reaches the tumor environment, it is questionable whether further upregulation of the HIF molecular cascade can occur or can be clinically meaningful.

It could be suggested that amifostine counteracts the undesirable advantage of tumors in terms of radio- and chemoresistance (conferred by the intratumoral hypoxia or the intrinsic anaerobic metabolism) by triggering the HIF cascade in normal tissues. Intracellular hypoxia or thiol-redox activity may account for this event. In this way, amifostine targets hypoxia using a quite inverse rationale from policies aimed at improving tumor oxygenation. Due to the selective nature of amifostine activity on normal tissues, combining amifostine with hyperbaric oxygen and blood flow modifiers would seem a reasonable approach. As amifostine induces anaerobic metabolism in normal cells and peripheral blood pO<sub>2</sub> increases, it is evident that normal tissue oxygen consumption is prevented, and it seems unlikely that increased oxygen disposal or blood flow may reverse this effect. In this way, hyperbaric oxygen or blood flow modifiers given concurrently with amifostine would sensitize predominantly tumors, as the metabolic effect of amifostine mainly concerns normal tissues. On the contrary, the concurrent use of amifostine with bioreductive drugs should probably be avoided, as amifostine-induced normal tissue hypoxia predisposes to an increased intracellular drug activation.

The present findings bring forward and enrich old observations suggesting that intracellular hypoxia may be an important component of amifostine-induced cytoprotection and reveal a potential role of amifostine as an inducer of the HIF-regulated molecular cascade. As HIF1 $\alpha$  is involved in the pathogenesis of several human diseases (e.g. myocardial and cerebral ischemia, pulmonary hypertension), an eventual therapeutic role for amifostine as a HIF1 $\alpha$  activator is postulated [34].

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